



CORPORATE APPEAL

**BE OUR
PARTNERS**

Join Us in Supporting Ethnic Minority Women's Mental Health



Joan Idowu
Director, Several Seats

About us Several Seats



Several Seats is a community interest company dedicated to providing mental health support for ethnic minority women. Our mission is to create a safe and inclusive environment where every woman feels comfortable seeking help and support for their mental health.

We believe that mental health is a fundamental aspect of overall well-being, and that everyone deserves access to quality mental health care, regardless of their ethnicity or background. Unfortunately, ethnic minority women often face significant barriers to accessing mental health services, due to cultural stigmas, language barriers, and systemic inequalities.

That's why we need your help. We're calling on corporate partners to support our mission and help us expand our services to reach more women in need.



Why Corporate Partnership Matters

As a corporate partner, you'll have the opportunity to make a real impact in your community.

The mental health crisis in ethnic minority communities has been exacerbated by the COVID-19 pandemic and the current economic uncertainty - cost of living crisis. Ethnic minority women, in particular, have faced a disproportionate impact on their mental health due to factors such as isolation, financial insecurity, and systemic inequalities.

Your support will help us provide advice, therapeutic input and other mental health services to ethnic minority women, as well as educational resources and community outreach initiatives.

Many mental health services do not take into account the cultural, linguistic or religious needs of ethnic minority women.

Women's Resource Centre



1 in every 6 workers is living with a mental health condition.

How can your company **support** Several Seats ?

1. Provide financial support to help sustain and expand our services.
2. Provide training, internships or mentorship opportunities to help our women in their career journey.
3. Provide in-kind donations, such as office space, equipment, or professional services to help Several Seats operate more efficiently.
4. Book our business training for inclusive employee wellness programs and policies.
5. Organise fundraising events or corporate social responsibility initiatives to support Several Seats and its programs.
6. Co-create programs with us to address the mental health needs of ethnic minority women in your industry or community.

In return, we'll work with you to develop a customised partnership plan that aligns with your corporate social responsibility goals and values.

You'll receive recognition on our website and social media channels, as well as opportunities to engage with our community of supporters and service users.

To learn more about corporate partnership opportunities with Several Seats, please contact our corporate team at **corporatepartnership@severalseats.org** or call us on **07454706216**.

We look forward to working with you to make a positive impact in our community.

